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Sanford Meisner on Acting by Sydney Pollack

[Sanford Meisner on Acting](#) Written by [Sanford Meisner](#) and [Dennis Longwell](#)

Introduction by [Sydney Pollack](#) Trade Paperback, 272 pages | Vintage | Performing Arts - Acting & Auditioning | **\$16.00** | 978-0-394-75059-0 (0-394-75059-4)

This book, written in collaboration with Dennis Longwell, follows an acting class of eight men and eight women for fifteen months, beginning with the most rudimentary exercises and ending with affecting and polished scenes from contemporary American plays. Throughout these pages Meisner is delight--always empathizing with his students and urging them onward, provoking emotion, laughter, and growing technical mastery from his charges. With an introduction by Sydney Pollack, director of "Out of Africa" and "Tootsie," who worked with Meisner for five years.

"This book should be read by anyone who wants to act or even appreciate what acting involves. Like Meisner's way of teaching, it is the straight goods."--Arthur Miller

"If there is a key to good acting, this one is it, above all others. Actors, young and not so young, will find inspiration and excitement in this book."--Gregory Peck

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