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Overcoming Dyslexia by Sally Shaywitz, M.D.

[Overcoming Dyslexia](#) A New and Complete Science-Based Program for Reading Problems at Any Level
Written by Sally Shaywitz, M.D. eBook, 432 pages | Vintage | Family & Relationships - Learning Disabilities; Language Arts - Reading Skills; Education - Language Experience Approach | **\$16.95** | 978-0-307-55889-3 (0-307-55889-4)

From one of the world's leading experts on reading and dyslexia, the most comprehensive, up-to-date, and practical book yet to help us understand, identify, and overcome the reading problems that plague American children today. For the one in every five children who has dyslexia and the millions of others who struggle to read at their own grade levels-and for their parents, teachers, and tutors-this book can make a difference. Drawing on recent scientific breakthroughs-many of them in her own laboratory-Dr. Shaywitz demystifies the subject of reading difficulties and explains how a child can be helped to become a good reader. She discusses early diagnosis in young children as well as the diagnosing of older children, young adults, and adults. Dr. Shaywitz explains why some bright adults can read only very slowly, and what they can do about it. Her book makes clear how the latest research, including new brain imaging studies, is uncovering the mechanisms underlying dyslexia and has led to effective treatments for each age group.

Dr. Shaywitz instructs parents in what they can do year-by-year, grade-by-grade, step-by-step for a dyslexic child. She lays out a home program for enhanced reading; guides parents in choosing the best school for their child and in working with teachers; and suggests ways of raising and preserving the child's self-esteem. She provides exercises, teaching aids, information on computer programs, and many other invaluable resources.

In addition, her book corrects such popular (and harmful) myths as the belief that dyslexia is primarily a male problem, that children with dyslexia see words backward, that dyslexia is linked to intelligence. She shows us how, although dyslexia cannot be outgrown, its effects can, with careful planning and hard work, be overcome.

Dr. Shaywitz lifts the barrier of ignorance surrounding dyslexia and replaces it with the comfort of knowledge. Here is a trusted source to which you can turn for information, advice, guidance, and explanation. In sum, here is cutting-edge research translated into an easy-to-follow plan of action offering help-and hope-to all who have reading problems, and their families.

From the Hardcover edition.

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[Overcoming Dyslexia](#) A New and Complete Science-Based Program for Reading Problems at Any Level
Written by [Sally Shaywitz, M.D.](#) Trade Paperback, 432 pages | Vintage | Family & Relationships - Learning Disabilities; Language Arts - Reading Skills; Education - Language Experience Approach | **\$16.95** | 978-0-679-78159-2 (0-679-78159-5)

FOR EVERYONE WHO STRUGGLES TO READ!

Clear, practical, science-based information and advice for successful results

One in five American children has trouble reading. But they are not stupid or lazy. In **Overcoming Dyslexia**, Dr. Sally Shaywitz, codirector of the Yale Center for the Study of Learning and Attention and a leader in the new research into how the brain works, offers the latest information about reading problems and proven, practical techniques that, along with hard work and the right help, can enable anyone to overcome them. Here are the tools that parents and teachers need to help the dyslexic child, age by age, grade by grade, step by step.

- What dyslexia is and why some intelligent, gifted people read slowly and painfully
- How to identify dyslexia in preschoolers, schoolchildren, young adults, and adults
- How to find the best school and how to work productively with your child's teacher
- Exercises to help children use the parts of the brain that control reading
- A 20-minute nightly home program to enhance reading
- The 150 most common problem words-a list that can give your child a head start
- Ways to raise and preserve a child's self-esteem and reveal his strengths
- Stories of successful men and women who are dyslexic

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Overcoming Dyslexia by Sally Shaywitz, M.D.

[Overcoming Dyslexia](#) A New and Complete Science-Based Program for Reading Problems at Any Level

Written by [Sally Shaywitz, M.D.](#) Hardcover, 432 pages | Knopf | Family & Relationships - Learning Disabilities; Education | **\$29.95** | 978-0-375-40012-4 (0-375-40012-5)

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