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Weekends at Bellevue by Julie Holland

[Weekends at Bellevue](#) Written by [Julie Holland](#) Trade Paperback, 320 pages | Bantam | Biography & Autobiography; Medical - Psychiatry | **\$16.00** | 978-0-553-38652-3 (0-553-38652-2)

Julie Holland thought she knew what crazy was.
Then she came to Bellevue.

New York City's Bellevue Hospital, the oldest public hospital in the United States, has a tradition of "serving the underserved" that dates back to 1736. For nine eventful years, Dr. Holland was the weekend physician in charge of Bellevue's psychiatric emergency room, a one-woman front line charged with assessing and treating some of the city's most vulnerable and troubled citizens, its forgotten and forsaken-and its criminally insane. Deciding who gets locked up and who gets talked down would be an awesome responsibility for most people. For Julie Holland, it was just another day at the office.

In an absorbing memoir laced with humor, Holland provides an unvarnished look at life in the psych ER, recounting stories from her vast case files that are alternately terrifying, tragically comic, and profoundly moving: the serial killer, the naked man barking like a dog in Times Square, the schizophrenic begging for an injection of club soda to quiet the voices in his head, the subway conductor who watched a young woman pushed into the path of his train. As Holland comes to understand, the degree to which someone can lose his or her mind is infinite, and each patient's pain leaves a mark on her as well-as does the cancer battle of a fellow doctor who is both her best friend and her most trusted mentor.

Writing with uncommon candor about her life both inside and outside the hospital-her professional struggles, personal relationships, and the therapy sessions that help her crack the hard shell she's formed to keep the pain at bay-Holland supplies not only a page-turner with all the fast-paced immediacy of a TV medical drama but also a fascinating glimpse into the inner lives of doctors who struggle to maintain perspective in a world where sanity is in the eye of the beholder.

From the Hardcover edition.

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[Weekends at Bellevue](#) Written by [Julie Holland](#) Hardcover, 320 pages | Bantam | Biography & Autobiography; Medical - Psychiatry | **\$25.00** | 978-0-553-80766-0 (0-553-80766-8)

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Weekends at Bellevue by Julie Holland

[Weekends at Bellevue](#) Written by [Julie Holland](#) eBook | Bantam | Biography & Autobiography | **\$25.00** | 978-0-553-90697-4 (0-553-90697-6)

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